

YOUR TIME FITNESS 24/7

Rules and Regulations

1. Members of Your Time Fitness 24/7 must have signed the facility's waiver and release of liability form prior to exercising.
2. **Members must use their individual door access key card issued at sign up each time they enter the facility even if entering with other members.** The front door is the only door that is to be used by members. Members shall not let others use their card even if they are on their membership. It is important that we have a log of everyone that enters the gym. Members will be charged a fee of **\$15.00** for each replacement door access card. **Lost cards are to be reported to Management immediately.**
3. **No member is to hold the door open for any other person even if a member.**
4. Members shall be certain that front door is closed when exiting the building and no one enters building without swiping their card. **The gym is monitored twenty-hours a day/365 days a year via video cameras any violation of this may result in termination of your membership and you will not receive a refund.**
5. Members shall not be in office area behind the bar.
6. Members shall not use the back door, unless there is an emergency. **The door is monitored by video and has an alarm.** Activating alarm for any reason other than an emergency will result in loss of membership.
7. Members shall not let anyone in through back door everyone is to go through card reader at front of building except for managers.
8. Members under 18 years of age must have a signed waiver of liability on file from their parent and/or guardian. **Members under 16 years must have a parent and/or guardian present with them while using the facility in addition to a signed waiver of liability from a parent and/or guardian on file. Individuals under 14 years of age are not permitted to use the facility or be in the facility. We do not have childcare and if children under the age of 14 are in the facility your membership will be terminated. If children under the age of 16 are in the facility without a parent and/or guardian present your membership will be terminated.**
9. Members shall be civil to other members. We will not tolerate any type of fighting, wrestling, or horseplay of any kind. Please respect other members and staff. We want the gym to be a place where everyone wants to go and we will not hesitate to terminate your membership.
10. **NO TOBACCO OR ALCOHOL products of any kind are permitted in the facility** Membership will be terminated immediately and future membership will be at the discretion of management.
11. **Member is not to bring food into the gym** We will have snacks and drinks available. We will have a drop box to purchase beverages and food. We will work on the honor system and will have video cameras to enforce honesty. Violators will have membership terminated.
12. Telephone is only to be used in an emergency to call 911. Phone is not be used unless it is an emergency. There will be no long distance on the phone you if you need to contact management you will need to use a cell phone.
13. **Members shall wipe down soiled equipment after use.** Spray bottle and wipes with disinfectant will be available throughout the facility. Clean towels will be available for members to use while they are at the facility. Members must return towels to hamper before leaving facility. **Members who take**

towels out of the facility will be charged \$10.00 per towel. This charge will be billed to the member. If not paid immediately termination may result. If this service becomes abused then facility will no longer offer towels.

14. Members shall keep restrooms in a clean order. **Again towels shall be left in designated hamper and NOT taken into the bathroom or out of the facility. Members who take towels out of facility will be charged a \$10 fee per towel.**
15. Cardio equipment is limited to 30 minutes when members are waiting for that same particular piece of equipment.
16. Massage bed is not be used without staff member present and there is an additional fee to use the bed. Bed limit is 30 minutes when other members are waiting to use the bed.
17. **Members shall return all weights and other free hand equipment to their proper locations.** Weights are not to be dropped on the floor. Member will be responsible for any damage to the floor.
18. **Members are to wear proper workout attire while exercising in the facility.** Shirts and clean rubber soled gym shoes are required at all times in the facility while exercising. Boots, dress shoes, high heel shoes, flip flops, sandals, and bathing suits are not allowed while exercising.
19. **Members shall be responsible for their personal items.** Your Time Fitness 24/7 will not be responsible for any lost and/or stolen items at the facility.
20. All injuries must be reported to Management via email, telephone to Management if Management is not present. Management needs to be informed of injury immediately.
21. Please report any problems with equipment or facility to Management via email, telephone or drop box.
22. No equipment shall be removed from the facility.
23. Your Time Fitness 24/7 reserves the right to terminate and/or deny memberships at any time.
24. The facility will not always be staffed and members must understand that they are exercising at their own risk and Your Time Fitness is in no way responsible for any injuries.

Fees and Billing

Individuals may sign up at the posted times or contact us to enroll. All members must sign up for at least 2 months. There are no sign up fees; however, one month payment is due in advance prior to using the facility.

Single membership is \$34.00 per month, \$408 paid in full for 12 months (get 2 extra months free). Membership for 55 years old and older is \$29 per month and a family membership is \$60.00 per month for the 1st 3 and then \$10 per additional person after that. Family memberships are for spouses and or a parent(s) along with dependant children residing in the same household with their parent(s). There are no exceptions must be residing in same household.

Members will be charged a \$20 initial fee for their access card and then \$15 for any replacement cards. If card is lost report to management immediately. Failure to do so will result in membership termination.

Membership dues that are not paid in full will be debited electronically from the member's bank account, credit or debit card. **Members will be charged \$20.00 for each declined debit or credit request as a result of Non Sufficient Funds.** If the membership and Non Sufficient Funds charge is not paid immediately upon notice, the member's access card will be shut off.

If member decides they want to cancel membership members will need to notify Management 14 days in advance of ending their membership in written form either via letter, email or text. If not, those on the monthly plan will continue to be debited. *Door access cards must be returned after use or a \$15.00 fee will be assessed and billed for card.*

Members that choose to be debited monthly have the option of either having the withdrawal made on the 1st or the 15th of every month. Members will be required to pay for their first month dues prior to using the facility in addition to the prorated amount taking them up to their requested due date. For prorated purposes, 30 days is used for each month. **All memberships will expire on either the 1st or 15th of the month.**

I acknowledge that I have read and understand all of the above rules and regulations for Your Time Fitness 24/7.

Member Signature: _____

Date: _____

Or

**Signature of Parent or
Guardian (if a minor) :** _____

Emergency Contact: _____

Phone: _____